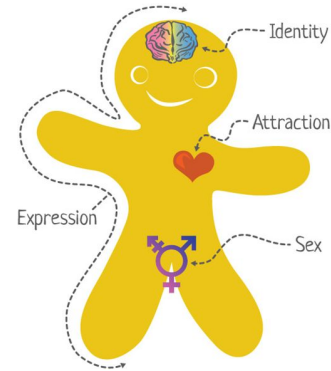


I will define biological sex,
sexual orientation, and
gender identity.



Genderbread Person



Gender Identity: How you experience and feel about your gender

Expression: The ways you present/express gender.

• *Dress*

Biological Sex: Physical sex characteristics you were born with.

• *Genitalia, body shape, voice pitch, body hair, hormones, chromosomes*

Attraction: (sexual orientation) To whom you are attracted to.

• *Sexually*

• *Romantically*

Cisgender: a person whose gender identity aligns with the sex assigned to them at birth.

Transgender: a person whose gender identity differs from the sex they were assigned at birth.

Nonbinary: individuals who identify as neither man or woman, or somewhere in-between



Gender Dysphoria: the feeling of discomfort that might occur in people whose gender identity differs from their sex assigned at birth

Symptoms A strong desire to ...

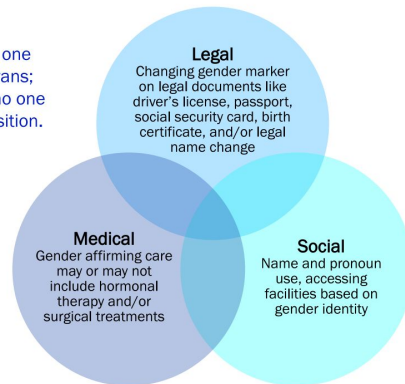
- Take away primary sex characteristics.
 - Primary sex characteristics are present at birth.
 - (Examples: penis, testes, vagina, ovaries)
- Take away secondary sex characteristics.
 - SSC are features not directly concerned with reproduction.
 - (Examples: pubic hair, enlarged breasts, facial hair, Adam's apple)
- To prevent the development of anticipated secondary sex characteristics.
- Have the sex characteristics of another gender.
- To be treated as another gender different from the assigned gender.



Complications ... ?

WHAT IS A TRANSITION?

There is no one way to be trans; therefore, no one way to transition.



Gender Pronouns

Please note that these are not the only pronouns. There are an infinite number of pronouns as new ones emerge in our language. Always ask someone for their pronouns.

Subjective	Objective	Possessive	Reflexive	Example
She	Her	Hers	Herself	She is speaking. I listened to her. The backpack is hers.
He	Him	His	Himself	He is speaking. I listened to him. The backpack is his.
They	Them	Theirs	Themselves	They are speaking. I listened to them. The backpack is theirs.

- Ask "What pronouns do you use?"
- If you make a mistake ... make a quick apology and correct it.

Hormone Therapy



Heterosexual: a person attracted to members of the opposite sex.

Homosexual: a person attracted to members of the same sex/gender.

- *Gay – male homosexual*
- *Lesbian – female homosexual*



Bisexual: a person attracted to more than one gender.



Pansexual: attraction towards people regardless of their sex or gender identity.

Asexual: a person who does not experience sexual attraction or does not have a desire for sex

Pride Club

Meets 2-3 times per month
Sponsors: Mrs. Long &
Ms. Evans

longad@unit5.org
evansr@unit5.org

Follow on Instagram
NCWHS_PRIDE



RESOURCES

www.itgetsbetter.org

www.thetrevorproject.org

The **Prairie Pride Coalition**

- <https://ppc-il.org/main>

Illinois Safe Schools Alliance

- www.ilsafeschools.org

Stepping Stones

- (309) 662-0461

Trevor Talk Line for Suicidal LGBT Youth:

- 1-866-488-7386

